

Here is a list of guidelines that CATS will incorporate to help insure a safe time while back in classes:

- Kindercats classes will not take place in the Kindercats room. They will be out in the gym to enable them to keep safe social distancing.
- Kids will be required to wash hands upon entering the building, leaving the building and in between events.
- Class kids will not be using chalk for bars.
- We are going to try to limit bathroom use. Please have your child "go" before they come to class and come to class already changed into their leotard or gym outfit.
- Kids must bring a water bottle. They will not be allowed to get a drink from the water fountain.
- The gym, equipment, bathrooms and common areas will be cleaned before and after each class and practice.
- There will be a limited maximum number of kids in each class to insure the ability to keep social distancing. Please teach and remind your child what social distancing is and why it is important.
- Kids will NOT be required to wear masks during class.
- Instructors will wear masks and will comply with CDC and USA Gymnastics guidelines that state to maintain a 6 foot distance. That said, spotting will be minimal and done only to protect a child. Skills will be taught progressively in a manner that does not require spotting.
- To adhere to social distancing guidelines, stations will be spread more than 6 feet apart, we will avoid having the kids in lines and groups will stay away from other groups.
- We will have 2 different entrances, exits and waiting areas. Your child will be assigned an entrance once the session starts.
- Keep your child home if he or she is not feeling well. We have no-touch thermometer at the gym. If your child claims that they are not feeling well during class, they WILL be asked to leave.
- Please consider dropping your child off for class and not entering the building. At the end of classes, instructors will be available to walk your children outside to find you.
- If you feel that you need to watch from the viewing area, you WILL BE REQUIRED to wear a mask. You will also be REQUIRED to wear a mask if you enter the building to drop off your child.
- Should you choose to stay and watch, only one family member should attend. SEATING WILL BE EXTREMELY LIMITED!
- Only one adult participant per Parent and Tot class. This adult is REQUIRED to be masked-mouth and nose covered.
- We are working with a company that will allow you to be able to watch your child's class from a smartphone, tablet or laptop. It will not be ready to go by the start of the session. The company is backed-up.
- The open foam pit next to the trampoline is CLOSED! It is nearly impossible to clean and disinfect each piece of foam. This may be a deal-breaker with some Parent and Tot-ers! 😊
- Garage doors and windows will be open as often as possible to allow for maximum ventilation.

There will be additional guidelines and protocols as we see fit. A list of the above guidelines will be posted and available as a handout if you so choose.

We hope you are safe and can't wait to see the kiddos again and get back to some gymnastics fun and activity!